



"Unsulated almsgiving is a game changer!"

Classic Lenten practices can help us _____

_____ is the practice of sharing resources,
in Jesus' Name, with those who could use a helping hand.

Unsulated almsgiving is a
_____!

Unsulated disciples struggle with typical

This Lent, we invite you to:

1) Discover what the unsulated Prophets and the
Gospels say about

2) Experience the transformative power of unsulated

**Emmanuel is filled with people who can testify that God's
commands are the _____ of
_____!**

40 DAYS of Spiritual Practices



Explore a variety of spiritual practices each week during Lent. These practices can involve subtraction—setting limits—or addition—trying something new—as you become more like Jesus in authentic community. Choose how you practice from the ideas listed below.

Almsgiving

Defining the practice

This practice of subtraction involves donating or sharing something we possess specifically to help those in need. These acts of charity are different from tithing regularly to support church ministry.

Why this is helpful

When we give to feed the poor or provide clothing to the unhoused, it reminds us that the blessings we enjoy come from the hand of God. Generosity, humility, compassion, and gratitude are some of the fruits of this practice.

How to practice

Get started

- Pray and ask God how He would like you to steward your tithes and offerings in service of helping those who are vulnerable.
- Our continued connection with Emmanuel Children's Home in Juárez, Mexico, brings focus to the practice of almsgiving at ECC. See what their ministry does at www.emmanueljuarez.org. Talk with God about making an additional gift or sponsoring a child in need.

Next level

- Visit a charitable organization or ministry to learn firsthand about the work they do. Consider how you might engage with your time as well as with your finances.

Time to reflect

At the end of the week, how did this practice help bring you closer to God and others?

