



"Authentically Biblical is incomparably beautiful."

Two bedrock-level questions for a God-honoring life

- 1) Where is it _____?
- 2) How goes your _____?

**Scripture, correctly _____
and _____, strengthens our connection
with God and His people**

**Are you being disciplined by _____
whose _____ and _____
reflect the _____ of
Scripture?**

**Authentically _____ is
incomparably _____**

**Christian communities could use more _____
_____**

**We invite you read the _____
_____ of Scripture this year (beginning
with the Prophets and the Gospels)**

40 DAYS of Spiritual Practices



Explore a variety of spiritual practices each week during Lent. These practices can involve subtraction—setting limits—or addition—trying something new—as you become more like Jesus in authentic community. Choose how you practice from the ideas listed below.

Scripture

Defining the practice

This practice of addition involves reading or listening daily to Scripture. We can do devotional readings to hear what God is saying to us through His Word or learn about God by studying the text.

Why this is helpful

Engaging with God's Word transforms our hearts and minds. It plants within us the truth of Who God is and what His mission is for humanity and all of creation. We get hope, encouragement, wisdom, equipping, and strength from this practice.

How to practice

Get started

- Choose a time and place that will work for you every day this week. Spend 10 minutes reading or listening to God's Word.
- Read or listen to one chapter each day from any biblical book.
- Read or listen to select portions from one of the four Gospels.
- Read or listen to one chapter each day from Micah, which has only seven chapters.

Next level

- Go through BibleProject's 25-day reading plan on the minor prophets in preparation for the upcoming sermon series. Find it at www.emmanuel.church/lent.

Time to reflect

At the end of the week, how did this practice help bring you closer to God and others?

