

Today's Text: Matthew 6:1-8, 16-18

Being with God _____.

Being with each other makes _____.

Spiritual practices are _____ **that put us in God's presence so**
He can do _____ **within us.**

Spiritual practices of _____ **involve doing or taking action.**

Spiritual practices of _____ **involve not doing or surrender.**

Jesus both _____ **and** _____ **spiritual practices.**

Jesus was able to do His _____ **because of His**
_____.

The _____ **we follow determine** _____
and _____ **we participate in a practice.**

Consider which practices are _____
of your regular life.

Resources:

- *Spiritual Disciplines Handbook* by Adele Ahlberg Calhoun
- *Practicing the Presence of God* by Brother Lawrence

Giving

We believe giving is an act of worship and thanksgiving to God.



Online

Visit emmanuel.church/give
to learn more about online
giving and to get signed up



In Person or Mail

Place in the black mailbox or
mail to: 513 Tanglewood Dr.
Shoreview, MN 55126