

SABBATH

PART 4: "Sabbath and Paul"

Today's Text: Colossians 2:16-17

_____ and _____ are Sabbath patterns

Do not pass judgment on your neighbor's _____

Sabbath _____ us _____

The substance of Sabbath is in what Christ has _____ and what He will _____

Questions to Ponder:

- What if Sabbath isn't about optimizing your faith but being with God?
- What if Sabbath isn't merely a command to follow but an invitation to attend?
- What if Sabbath isn't an end goal but a gateway to explore?

Practices for Sabbath:

- Practice Sabbath by **intentionally turning to God** (not by "church practices" everyone else is doing)
- Practice Sabbath by **building up the faith of others** (not by promoting your own way)
- Practice Sabbath by **giving thanks for God's provision** (not by trying harder to achieve)

Giving

We believe giving is an act of worship and thanksgiving to God.



Online

Visit emmanuel.church/give to learn more about online giving and to get signed up



On Your Phone

Text 651-433-6270 with an amount to get signed up



In Person or Mail

Place in the black mailbox or mail to: 513 Tanglewood Dr. Shoreview, MN 55126