

# Growing Pains

## PART FIVE: THE ADULTING YEARS

Today's Text: Genesis 32:3-8, 22-30

The adult years are shaped by \_\_\_\_\_ and \_\_\_\_\_

### Markers of the adult years:

- Growth in \_\_\_\_\_
- Experiences of \_\_\_\_\_
- Significant \_\_\_\_\_
- Development of \_\_\_\_\_

Jacob means “\_\_\_\_\_”

Israel means “\_\_\_\_\_”

The \_\_\_\_\_ is a blessing

Am I limping \_\_\_\_\_?

### Giving

We believe giving is an act of worship and thanksgiving to God.



#### Online

Visit [emmanuel.church/give](http://emmanuel.church/give) to learn more about online giving and to get signed up



#### On Your Phone

Text 651-433-6270 with an amount to get signed up



#### In Person or Mail

Place in the black mailbox or mail to: 513 Tanglewood Dr. Shoreview, MN 55126