

# OUR NEW *kingdom* NORMAL

## Part 2: Healthy

*Create in me a clean heart, O God,  
and renew a right spirit within me.  
Cast me not away from Your presence,  
and take not Your Holy Spirit from me.  
Restore to me the joy of Your salvation,  
and uphold me with a willing spirit.  
-Psalm 51:10-12 (ESV)*

**You spend more time in your \_\_\_\_\_  
than anywhere else**

**The way you \_\_\_\_\_ has a dramatic  
impact on your health!**

**One of the keys to \_\_\_\_\_ health is to  
\_\_\_\_\_ your \_\_\_\_\_**

**What are your \_\_\_\_\_?**

**Is the \_\_\_\_\_ welcome at your watch  
parties?**

# Current Teaching Series

## Our New (Kingdom) Normal

Pain. Anxiety. Frustration. Fear. Is it possible to find real hope in this shaken world? Precisely because we don't know what tomorrow will bring, we invite you to discover what it means to anchor to the One Who does. Join us as we explore practical ways that we can emerge stronger and better equipped to face our new normal.

April 19                      “Resurrected”

April 26                      “Healthy”

May 3                         “Anchored”

May 10                       “Connected”

May 17                       “Secure”

May 24                       “Missional”

May 31                       “Passing the Torch”

